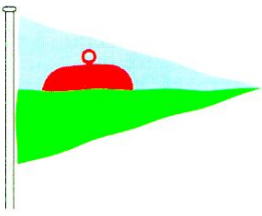


Welcome back to Junior Sailing 2020, I am so delighted that some of our junior section have been able to get out afloat and enjoy some social sailing at weekends. It has been a long wait for restrictions to lift sufficiently to safely get you out, so thank you very much for being so patient, especially during the fab weather we have enjoyed.



Looked great fun up river, and the pod system worked well. The socially distanced patrol boats certainly follow all guidance too, and so good to know everyone is being kept safe. When you are out enjoying your social sailing, look at the river and how it runs. When you are racing, there are some great tidal eddies to take advantage of inshore at certain times, allowing you to cheat the tide. Sometimes they are really helpful, they are right at the river bank, if the day boats are racing in light winds, you will see them take full advantage.

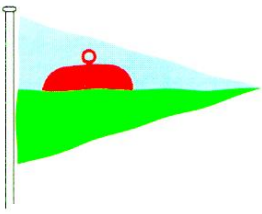


Another good thing to mess about with when you are out social sailing is how your body position affects the performance of the boat on each point of sail. Experiment with sitting slightly further forward or aft. Notice how the boat feels when you are in each position. Remember which work well. Can you get leeward lean on a run?

If you want to improve your racing performance, read about how to in a tactics book or article. Take advice from others and also copy what goes well for other people, especially those who are more experienced. In the river, sometimes one shore (side) pays much more than another, depending on wind direction and the state of tide. Watching other fleets race will give you a good idea of this. For example, if the wind is Northerly, the tide is low, the North Shore (Town side) is sheltered from the breeze, as the buildings block the wind, and the boats are low down.

Notice to Mariners watch out for swimmers, paddleboards, kayaks and personal water craft when you are out sailing, there are more of them on the river now.

We get these notices from the Crouch Harbour Authority, they also tell us when things happen that affect navigation, such as buoys off station, sunk boats etc. It is important that you get into the habit of checking for these on the Crouch Harbour Authority website.



Sailing Terms

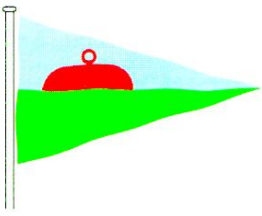
R	E	A	P	P	O	F	W	D	D	B	T	R	N
E	W	S	O	G	E	T	A	C	K	U	L	J	H
A	R	Y	R	I	R	A	W	C	F	O	U	S	I
C	S	M	T	P	B	E	A	T	C	Y	F	L	K
H	P	M	D	R	A	Y	L	A	H	A	F	Y	E
R	I	E	C	J	I	B	A	A	O	N	U	R	O
D	N	T	A	R	D	R	B	U	I	C	P	A	U
R	N	R	I	D	B	U	K	E	S	Y	W	C	T
A	A	I	R	U	I	N	H	L	P	A	I	E	C
W	K	C	W	E	L	C	A	N	R	I	N	B	I
E	E	C	T	E	L	G	I	P	I	D	C	H	I
E	R	L	R	E	L	R	T	E	T	E	H	R	E
L	I	E	A	I	U	R	E	L	L	I	T	I	C
H	C	T	Y	M	E	B	Y	G	A	H	C	E	W

- ASYMMETRIC
- LUFFUP
- REACH
- BEAT
- RUN
- CLEAT
- GYBE
- BUOYANCY AID
- SPINNAKER
- HALYARD
- RACE
- TILLER
- SPRIT
- LEEWARD
- PORT
- HIKEOUT
- TACK
- CLEW
- JIB
- WINCH

Play this puzzle online at : <https://thewordsearch.com/puzzle/1353357/>

Rules quiz corner

1. When a boat sailing downwind and a boat on the wind are both on starboard and are on a converging course (will meet and collide) who has right of way?
2. How much of your boat has to be across the start line for you to be called OCS?
3. What does it mean to you if the committee boat fly the black flag?
4. In the River Crouch boats are on moorings. If you touch a moored boat with any part of your body, boat or rig during a race what must you do? What must you also do regarding the CHA whenever you touch a moored boat?



5. When two boats approach a rounding mark together from the same direction, when does the inside boat gain rights to have room to round the mark?
6. When two different fleets are racing, which fleet takes precedence?
7. If you tack onto starboard in order to put someone about who is on port, hail straight away, who has rights?
8. When someone infringes you, what must you do
 - A. Immediately
 - B. As soon as possible
 - C. When you finish
 - D. After racing?
9. What is the flag used to show an individual recall? How do you know when you have cleared the line if you were over?
10. If a boat to leeward is close hauled and is pointing higher than you, so if you do not go up, you will meet, who has the rights?
11. The race officer flies these two flags, AP above an A accompanied by 2 sound signals. What is he communicating?

Remember, the new Racing Rules of Sailing will be out soon, as the current ones expire at the end of 2020. Put a Rule book on your Christmas list. I like the RYA version (spiral bound, easy to read AND waterproof), but if you need pictures to help, Elvstrom Explains and others are available that illustrate what the rules mean. You should always have a rule book in your kit bag.