



Burnham Sailing Club

SAILING INSTRUCTIONS 2022

Optimist Open meeting

The notation '(DP)' in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 Rules

- 1.1 The racing will be governed by the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS), Optimist class rules and the Crouch Harbour Byelaws.

<https://crouchharbour.uk/byelaws/>

- 1.2 One-design class rules will apply and valid association membership is needed where applicable.

2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice boards located in the clubhouse.

3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted before 9.00 am on the day it will take effect.

4 Signals Made Ashore

- 4.1 Signals made ashore will be displayed at the BSC using the appropriate flags or flag boards displayed on the upper storey balcony.

5 Schedule of Races

- 5.1 Saturday 25th June. First warning no earlier than 10.25 am. Final warning no later than 17.00

- 5.2 It is intended to sail 6 races but the schedule will be weather dependent and may be amended at the discretion of the PRO.

Saturday 25th

Warning Signal

10.25 Start 10.30

Race 1

Race 2

Race 3

ASAP after race 1

ASAP after race 2

Race 4 ASAP after Race 3

Race 5 ASAP after Race 4

Race 6 ASAP after Race 5

Racing Area

- 5.3 The racing will take place on the Rivers Crouch and/or Roach

6 The Courses

- 6.1 Windward leeward courses are as Diagram 1 attached. All boat MUST pass through the start / finish line on each windward leg. This is not compulsory on downwind legs.

- 6.2 The regatta fleet will sail courses commensurate with their experience and will be displayed and explained to the sailor at the event. Coaching will be permitted by the BSC coach but not parents.

7 Starts

- 7.1 Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal and then at 4, 1, GO.
- 7.2 For windward leeward races, the start and finish line will be between the main mast of the committee boat flying an orange flag and the buoy at the far end of the start line.
- 7.3 The outer end of the starting line will be defined by a laid mark.
- 7.4 A boat that does not start by 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 AND A5.

8 **The finish**

- 8.1 For windward leeward races, the finish line is the same as the start line i.e. between the main mast of the committee boat flying an orange or blue flag and a laid mark.

9 **Shortening Course**

- 9.1 Courses may be shortened in accordance with RRS 32 with the following addition. A vessel flying the Club Burgee, which is authorised by the race officer or race committee, may shorten the course as per RRS 32 or where Flag W is displayed the boats finishing position will be recorded on the water.

10 **Penalty System**

- 10.1 RRS 44.1 is changed so that a two-turn penalty is replaced by a one-turn penalty.

11 **Time Limits**

- 11.1 The time limit is 1 hour after the start time for the winning boat and 20 minutes after for all other boats for windward leeward races.

12 **Arbitration, Protests and Requests for Redress**

- 12.1 Arbitration will be used in the first instance. Where no suitable conclusion is reached competitors will be permitted to lodge a formal protest.
- 12.2 Protest forms are available from the Race Box.
- 12.3 For each class the protest time limit is 30 minutes after the last boat has finished. Notices must be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in a suitable location as soon as practicable.

13 **Scoring**

- 13.1 Scoring will be under the low points system as per RRS Appendix A (A4) where A4.2 is superseded by A9
- 13.2 Discards will be applied as follows: 4 or more races sailed, 1 discard.

14 **Safety Regulations**

- 14.1 A boat that retires from a race shall notify the race committee as soon as possible.
- 14.2 All sailors and any assistants must wear personal buoyancy at all times when afloat or on the pontoon. Failure to do so may result in disqualification (DP).
- 14.3 All sailors must comply with Covid Guidelines at all times [see www.essex.gov.uk/topic/coronavirus for latest advice

15 **Waste Disposal**

- 15.1 All waste must be taken ashore and disposed of properly.

16 **Radio or telephone / internet Communication**

- 16.1 Except in an emergency a boat that is racing shall not make voice or data transmissions and shall not receive voice or data transmissions that are not available to all competitors.

17 **Prizes**

17.1 Prizes will be awarded at the BSC as soon as practicable after racing on Saturday

18 **Disclaimer of Liability**

18.1 Competitors participate in the racing entirely at their own risk. See RRS 4 Decision to Race. The organising authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the sailing event.

19 **Insurance**

19.1 Each participating boat must be insured with valid third-party liability insurance with minimum cover of £3,000,000.

1 **The Courses**

1.1 The courses will be displayed on a board in the main clubhouse prior to racing

1.2 Racing class will use orange inflatables, regatta and training class may use combination of racing, navigation and inflatable marks.

Optimist Open Meeting

Course Card

